
















Autumn / Winter 2024/2025 - Week One

Dates: 4th Nov, 25th Nov, 16th Dec, 6th Jan, 27th Jan, 17th Feb, 10th Mar, 31st Mar, 21st Apr,

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghurt

WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Blue Option Main Meal Option 1	Cheese & Tomato Pizza with Tomato Pasta Salad 	Red Tractor Chicken Sausage with Skin on Baked Potato Wedges	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Red Tractor Lamb Pasta Bolognese & Garlic Bread 	MSC Fish Fingers & Chips
Green Option Main Meal Option 2	Tomato Baked Bean & Spiral Pasta Bake 	Cheese & Onion Pastry Roll with Skin on Baked Wedges	Quorn Grill with Gravy, Stuffing & Roast Potatoes 	Plant-based Pasta Bolognese & Garlic Bread 	Crispy Vegetable Fingers & Chips
Vegetables	Broccoli/Cauliflower & Carrots, Sweetcorn 	Red Tractor British Peas, Baked Beans 	Broccoli/Cauliflower & Carrots 	Broccoli, Carrots & Cauliflower Sweetcorn 	Baked Beans British Red Tractor Garden Peas 
Yellow Option Baked Jacket Potatoes Pasta	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans Pasta with Cheese or Tomato Sauce	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans Pasta with Cheese or Tomato Sauce	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans Pasta with Cheese or Tomato Sauce	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans Pasta with Cheese or Tomato Sauce	Jacket Potato with Cheesy Beans, Tuna Mayonnaise, Salmon Mayonnaise or Cheese or Beans Pasta with Cheese or Tomato Sauce 
Dessert	Chocolate Mousse and Orange Smiles 	Apple Crumble & Custard	'Hidden Fruit' 'Chocolate, (Beetroot & Pear) Brownie	Fruity Strawberry Jelly & Mandarin Segments 	Vanilla & Cherry Cookie Cup & Custard

Portion(s)
of fruit or veg



Source of
wholegrain



Contains
plant-based
proteins



50%
fruit



Oily
fish



**Our desserts meet Public Health
England's target for 'free sugar'
intake for your child.**

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

















Autumn / Winter 2024/2025 - Week Two

Dates: 11th Nov, 2nd Dec, 23rd Dec, 13th Jan, 3rd Feb, 24th Feb, 17th Mar, 7th Apr,

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghurt

WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Blue Option Main Meal Option 1	Cheese & Tomato Pizza with Tomato Pasta Salad 	Red Tractor Halal Chicken Sausages with Mashed Potatoes & Gravy	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Garlic & Tomato Halal Chicken Pasta Spirals 	MSC Fish Fingers & Chips
Green Option Main Meal Option 2	Potato, Spinach & Cheese Toasted Wrap with Tomato Salsa 	Cauliflower, Sweet Potato and Chickpea Curry with Mixed Rice 	Quorn Grill with Gravy, Yorkshire Pudding & Roast Potatoes	Garlic & Tomato Vegetable Pasta Spirals 	Crispy Vegetarian Fingers & Chips
Vegetables	Baked Beans or British Red Tractor Garden Peas 	Broccoli/Cauliflower & Carrots 	Broccoli/Cauliflower & Carrots, Sweetcorn 	Broccoli/Cauliflower & Carrots 	Baked Beans, British Red Tractor Garden Peas 
Yellow Option Baked Jacket Potatoes Pasta	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans Pasta with Cheese or Tomato Sauce	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans Pasta with Cheese or Tomato Sauce	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans Pasta with Cheese or Tomato Sauce	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans Pasta with Cheese or Tomato Sauce	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans Pasta with Cheese or Tomato Sauce
Dessert	Apple & Sultana Crumble Bar with Custard 	Iced Carrot Cake & Orange Slices 	Chocolate Shortbread/ Pinwheels with Chocolate Sauce	Toffee Cream Tart	Chocolate Oaty Slice

Portion(s)
of fruit or veg



Source of
wholegrain



Contains
plant-based
proteins



50%
fruit



Oily
fish



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England's target for 'free sugar'
intake for your child.**

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.





Autumn / Winter 2024/2025 - Week Three

Dates: 18th Nov, 9th Dec, 30th Dec, 20th Jan, 10th Feb, 3rd Mar, 24th mar, 14th Apr

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghurt

WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Blue Option Main Meal Option 1	Cheesy Pasta Spirals with Pizza Style Topping	Halal Lamb Lasagne with Garlic & Tomato Bread 	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Halal Lamb & Potato Pie Skin on Potato Wedges	MSC Fish Fingers & Chips
Green Option Main Meal Option 2	Beany Shepherd's Pie 	Vegetable Mince Lasagne with Garlic & Tomato Bread 	Quorn Grill with Gravy, Stuffing & Roast Potatoes 	Vegetable Meatballs, Tomato Sauce & Mixed Rice 	Crispy Vegetarian Fingers & Chips
Vegetables	Broccoli/Cauliflower & Carrots & Sweetcorn 	Sweetcorn & Carrots 	Broccoli/Cauliflower & Carrots 	Baked Beans, British Red Tractor Garden Peas 	Baked Beans, British Red Tractor Garden Peas
Yellow Option Baked Jacket Potatoes Pasta	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans Pasta with Cheese or Tomato Sauce	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans Pasta with Cheese or tomato Sauce	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans Pasta with Cheese or tomato Sauce	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans Pasta with Cheese or Tomato Sauce	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans Pasta with Cheese or Tomato Sauce
Dessert	Lemon Cupcake with Fruit Slices 	Chocolate Cookie & Orange Wedges 	Chocolate Crunch 'Concrete' & Chocolate Sauce or Pink Custard	Strawberry Mousse	Lemon Drizzle Cake with Custard

Portion(s)
of fruit or veg

Source of
wholegrain

Contains
plant-based
proteins

50%
fruit

Oily
fish

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